

The Society of Yoga Practitioners



TEACHER TRAINER PATHWAY POLICY

TSYP is committed to ensure the future continuation and growth of teaching and practice in our tradition. A key part of this is recruitment and training of future Teacher Trainers. This document outlines the process by which our teacher members can develop and be supported to become confident and professional teacher trainers and recognized as such by TSYP.

This pathway applies to the 500-hour Yoga Teaching Diploma only. It does not apply to the 300-hour Progression (to Diploma) course.

Eligibility

Applicants to:

1. have completed a recognised and approved yoga teacher training diploma in this tradition;
2. have demonstrated an ongoing commitment to personal practice, learning and development in yoga, confirmed by mentor and membership secretary;
3. have studied, regularly taught and practiced in this tradition for a minimum of four years;
4. have completed at least 20 hours one to one work, which they will outline on the proforma provided;
5. have completed TSYP Foundation Course Tutor qualification and successfully run one course or equivalent **OR** applicant to have completed Teacher Trainer qualification with another organisation and successfully run a course;
6. hold a recognised teaching qualification at minimum Level 3 or be able to demonstrate that they are working towards a teaching qualification at minimum Level 3 (e.g., AET, PTLLS or recognised equivalent). This is to be completed before Teacher Trainer status is conferred (timing to be discussed at interview);
7. attend an interview with the Head of Education and Training, during which the requirements and support offered will be outlined. Following this, applicant's acceptance or otherwise will be confirmed and the applicant can decide whether they wish to go ahead with the process;
8. maintain a regular daily yoga practice.

Training Process

1. The Trainee "Trainee" will work alongside an experienced trainer "trainer" and be given opportunities for teaching, gradually increasing responsibility and contribution as confidence develops and Trainer and mentor feel appropriate.
2. An appropriately experienced individual should mentor the Trainee. This means that for the duration of the course they may need to work with an alternative or additional mentor. This will be discussed at interview and confirmed prior to commencing the Pathway.
3. The Trainee will work with the Trainer and their mentor to reflect upon the Trainee's areas of strength and areas for further personal and professional development.
4. The Trainee will be supported to address areas for further development, including being signposted to other teachers/trainers where appropriate.

Finances

1. The Trainee will be recompensed for their attendance and teaching on the course in line with TSYP trainer rates.

2. The Trainee will be able to claim travel expenses, in line with the TSYP Expenses Policy. The Trainee should liaise with the Treasurer about expense claims.
3. Should the Teacher Training Diploma include residential aspects, residential costs will be paid by TSYP and will be factored into the course budget.
4. The Trainee will be responsible for funding time outside the course with Trainer, Mentor or others.

Conflict of Interest

To avoid conflict of interests a Trainee should not undertake their training with a Trainer with whom they have personal links, e.g., siblings, child, partner or another close relative. Exceptions may be made if other training opportunities are unavailable and, in such instances, robust measures will be taken to ensure fairness.

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