



ABOUT BURSARIES and FINANCIAL ASSISTANCE FOR EVENTS and COURSES– a guide for applicants

TSYP exists to advance the practice of yoga in the tradition of Professor Krishnamacharya and Sri TKV Desikachar, core to which are the principles of improving health and alleviating human suffering.

To increase the take up of yoga in our tradition we think it is important that the public has access to high quality resources and teaching, and we want to encourage the growth of individual and collective knowledge through study, research and professional development.

We would like as many people as possible, whatever their background, to have the opportunity to be able to practise and teach, but we realise that there will be barriers to accessing our support, not least financial.

TSYP understands that we may all at some time find ourselves in need of support. We are committed to equality of opportunity, and we want to help those people who may not be able to access our courses for financial reasons. We want to both encourage students to enrol for courses and to retain students who are already committed to their course but find themselves unexpectedly in financial hardship.

Who can apply?

Those who:

1. Are aged 18 and over
2. Are in genuine financial need
3. Are a UK resident or has leave to be in the UK
4. For events – have not been in receipt of financial help from TSYP of more than £100 in the last year
5. For courses - have not been in receipt of a Financial Assistance or Bursary from TSYP within the last 10 years

What assistance is available?

- Arrangements for deferred or staged payment of full course fees
- Subsidy in the form of fee discounts or waivers
- Help with the extra costs incurred by students with additional learning needs
- Support for courses run by a third party, who must be a TSYP accredited teacher, may be in the form of a grant or interest-free, repayable loan. Payments will be made direct to the course provider, and not to the individual student.

When should I apply?

Please apply as soon as you can. The Bursary Committee meets three times a year. Financial assistance for events must be applied for at least 2 weeks before the event.



What is the process?

If you wish to apply for financial assistance or a bursary for a TSYP course please speak to the Treasurer in the first instance treasurer@tsyp.yoga

They will then send you the Application and Finance Form to complete and return.

Once this has been assessed and depending on what you have applied for, you may be invited to attend an online interview. The committee meets three times a year and you will be informed of the outcome of your application after this the relevant meeting of the committee. If the course lasts longer than one year you will have to demonstrate your financial situation annually.

What information will I have to provide?

In the application form, or if you are asked to attend an interview, you will be required to provide information about your income, outgoings and assets and savings, with evidence.

Evidence will include things such as:

- Income Support, Income based JSA, Employment Support Allowance or Universal Credit, and / or -utility or rent bills, bank account statements, a P60, mortgage statements to evidence what you set out in the Finance Form.

The more evidence you provide the easier it is for the Bursary Committee to make a decision.

What does Financial Assistance cover?

Financial assistance will be for the event or course fees only and will not cover personal membership fees or insurance.

Application may be made to include travel and subsistence while attending the course. Payments for these will be on production of monthly receipts.

Who decides if I get a Assistance?

Small sums may be decided by the Treasurer, larger sums by the TSYP's Bursary Committee. This is made up of the Chair, Treasurer, Head of Education & Training and an External Advisor. They will assess all applications, consider the allocation of funds to separate courses and come to a decision. They may also consult your Mentor or your Sponsor. Any decision will be based on perceived merit, financial need and number of applicants and courses.

Will I get a Bursary and how much might I get?

This depends on what event or course you have applied for.

- Events – you are limited to a maximum of £100 per year and 50% of the event cost
- Courses - You can apply for a bursary of up to £5000. This is to cover the cost of your training programme and any tools or learning materials required.
- Most Bursaries granted are for smaller amounts between £100 and £1,500. If you are awarded a Bursary, it may be a partial reward and not the full requested amount.



What will be expected of me if I receive Financial Assistance or a Bursary?

You will be expected to inform TSYP Treasurer of any change in your circumstances that might impact on payment of Financial Assistance of the Bursary.

You will be expected to undertake the course to the best of your ability, meet all deadlines for course work and participation.

You may also be asked to be an Ambassador for our Bursaries. This means that you will be asked to write an article for the website, send us a photograph and to speak to other applicants if they ask.

Can I apply more than once?

For events you can only apply for a maximum of £100 in any one year.

For courses you may apply again if your application has been unsuccessful however you cannot be awarded more than one Bursary in any period of 10 years.

Where else can I look for funding ?

Other sources of funding include:

- [Directory of Social Change – FundsOnline website](#)
- [Turn2Us Grant Search](#)
[Grants and bursaries for adult learners \(government directory\)](#)

Digital Poverty

- Lack of knowledge of ICT or lack of computer hardware may be a barrier to learning. The following page may provide information about how you can support yourself digitally:
<https://cityandguildsfoundation.org/advocacy-networks/digital-poverty/>

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