



THE SOCIETY OF YOGA PRACTITIONERS
MINUTES FROM ANNUAL GENERAL MEETING 2020

SATURDAY 14TH NOVEMBER 2020 14.00 – 14.30 UK time on ZOOM

1	<p>WELCOME</p> <p>The Chair, Bea Teuten, welcomed everyone and thanked people for joining the AGM.</p> <p>The welcome was extended to new committee members, who all introduced themselves. These were: Karin Worthy, Helen Saaler, Christina Jones and Sandra Percy, who is currently supporting Communications as Editor.</p> <p>Bea Teuten thanked everyone on the committee for the vast amount of work that has been carried out over the last year. All papers had been provided for members ahead of the meeting on 7th November 20 and members had been notified of this by email.</p> <p>Bea Teuten chanted Saha nāvavatu .</p>	BEA TEUTEN
2	<p>APPROVAL OF MINUTES OF AGM 2019</p> <p>There were no questions on the minutes. Bea Teuten confirmed that we have completed all actions set out last year apart from the AGM on Yoga and Mental Health due to Covid19 restrictions, which will be taking place in 2022.</p> <p>Minutes approved.</p>	BEA TEUTEN
3	<p>TREASURER'S REPORT AND FINANCIAL STATEMENT</p> <p>There were no questions on this.</p>	HELEN SAALER
4	<p>CPD, MENTORING AND SUPERVISION POLICIES</p> <p>Michelle Tarling covered the importance of mentoring. Supervision is to be implemented for those doing 1-1 and therapy work. Supervision and Mentoring training will be available in 2021 to ensure high standards are maintained.</p> <p>We would ask members to come forward with proposals for CPD events for our members. CPD evaluation forms are available on the website for longer course CPD events, but this will not be necessary for short workshops etc. What classifies for CPD is set out in CPD Policy.</p> <p>Bea Teuten advised that members are asked to complete their own record of CPD, according to what is requested of them. TSYP will spot check 5% of members to check this is being done, most importantly to see what might be preventing people from doing their CPD.</p> <p>TSYP hopes to provide more 'in person' CPD events coming next year.</p> <p>Annemarie Visser was thanked for her help with putting together the supervision documentation and training.</p> <p>Bea Teuten explained that we are looking to bring ourselves to a level playing field with other therapeutic disciplines in terms of supervision.</p> <p>Question- Do we need to do a BWY CPD record as well as the TSYP CPD record? Michelle Tarling confirmed yes, in case of spot checks.</p>	MICHELLE TARLING



5	<p>INCORPORATION OF TSYP AS A COMPANY LIMITED BY GUARANTEE and subsequently as a CHARITY.</p> <p>Helen Saaler explained that as set out at our AGM 2019 TSYP wants to become a legal entity to protect the liability of all directors and subscribers.</p> <p>It was explained that the Executive Committee would become the 8 Directors of the CLG as well as our Senior Advisors who would be the company members. Where there was a difference in what the constitution set out and the articles stated the Articles would take precedence. The Constitution would be revised if necessary.</p> <p>All background to this had been made available to members by email and on the website on 7th November 20 in a document entitled Incorporation. Members had been invited to ask questions in all members emails and on the AGM Agenda. The following questions were received:</p> <p>Questions –</p> <p>1 How long will directors serve? The Articles of Association set out retirement by rotation of all Directors. The constitution sets out a three year term for the Chair and Treasurer with an extension of one term possible.</p> <p>2 In future who appoints Directors? At the moment, the Chair is elected but this is the only post that is under the Constitution. Under the Articles it will be by nomination with a process decided by the Directors. Helen Saaler reassured people that if we did feel there was conflict with articles and constitution, we would bring this back to the membership, but she did not believe it to be an issue.</p> <p>2 If a director needs to be removed, e.g. for malpractice, how does this happen? This procedure is a part of standard articles and will be a part of the CLG.</p> <p>3 Bea Teuten clarified that the Executive Committee are the 8 people who are heads of department. The Elders will be the members and are the senior advisors, Gill Lloyd, Michael Hutchinson, Andy Curtis-Payne, Helen Macpherson, Pam Hebden, Karen Adamson. They act to protect the interests of TSYP and ensure that the Directors are accountable in delivering the aims and objectives of TSYP.</p> <p>We are following the same route as AYS and BWY in terms of the incorporation.</p> <p>No other questions. It was therefore taken that the membership was in agreement with TSYP becoming a CLG with a view to becoming a charity.</p>	HELEN SAALER
6	<p>REPORTS ON WEBSITE FOR EDUCATION, MEMBERSHIP, IT and CHANTING</p> <p>Bea Teuten advised that these reports are all on the website. TSYP have had an amazing year. Huge strides have been made and none would be possible without the Executive Committee team and senior advisers.</p> <p>Plans for the future will be mentioned tomorrow. One is the joint event with AYS with Martyn Neal, if possible in person at Woodbrooke, or if this is not possible there will be an alternative plans made.</p>	BEA TEUTEN
7	<p>ANSWERS TO EMAILED QUESTIONS AND ZOOM CHAT ROOM Q & A</p> <p>Bea Teuten asked for any other points to raise on anything. There were none.</p>	BEA TEUTEN



	<p>Bea Teuten asked membership to please contribute to the website, as a teacher or a student.</p> <p>Bea Teuten explained that we are looking for 3 people to support the committee.</p> <p>1 Deputy Treasurer. With financial experience or a desire to learn, please contact Helen Saaler on treasurer@tsyp.yoga</p> <p>2 We want to work on Equality and Diversity at every level. We already have a working group for this made up of people on the committee and would welcome external input.</p> <p>3 We also need some help on both Education and Events.</p> <p>A question was posed re an update on BCYT. Andy Curtis Payne answered this and advised that he is now the chair of BCYT. An event is happening on Dec 5th 2020, online, to try and take forward a Professional Association specifically for Yoga Therapists. A core curriculum review of BCYT is going ahead, TSYP is contributing to this. We want to be involved in any changes. Sadhana Mala have realigned with BCYT and their accreditation is ongoing.</p>	
8	<p>CLOSING WORDS AND CHANT</p> <p>Bea Teuten thanked all for their support.</p> <p>Maggie Shanks chanted Mahā Vākya.</p> <p>Close</p>	<p>BEA TEUTEN</p> <p>MAGGIE SHANKS</p>

Papers for Consideration

- 1 Minutes of the AGM 16 November 2019
- 2 Annual Review 2019-2020
- 3 Treasurer's Report & Financial Statement 2019-2020
- 4 Incorporation
- 5 CPD, Mentoring and Supervision

