

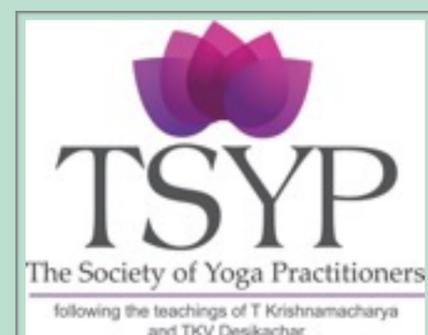


TSYP VEDIC CHANT TEACHER TRAINING

UNITED KINGDOM

September 2017- September 2019

PROSPECTUS AND
APPLICATION FORM



INTRODUCTION TO THE VEDA-S AND VEDIC CHANTING

The Veda-s are a huge collection of texts in the form of chants that were believed to be heard by ancient Indian sages when they were in a deep meditative state. In India the Veda-s have been the primary source of reference for living for thousands of years as they contain wisdom on a vast range of topics from everyday life, the human system, relationships, to nature, science, religion and the cosmos.

The wisdom of the Veda-s was composed in the Sanskrit language, the ancient language of India, and transmitted orally through generations from teacher to student long before it was written down. To preserve the accuracy and authority there are specific rules for chanting the Veda-s that must be followed without compromise. This strict adherence allows us today to chant in precisely the same way as it was done thousands of years ago.

In ancient times the student would learn by heart through careful listening and repetition. to the teacher. This study was termed 'adhyayanam' and would be the primary means of education of the student. The fundamental basis to this process was the relationship of teacher and student, much as it is in yoga. Nowadays we learn Vedic chanting through a combination of listening and reading transliterations of the Sanskrit, (although a basic knowledge of the Devanagari script and corresponding sounds is developed gradually to enable checking). Nevertheless the direct transmission from teacher to student remains at the heart of Vedic chanting.

BENEFITS OF VEDIC CHANTING

Vedic chanting is becoming increasingly popular around the world. In addition to giving us access to Indian wisdom it can give many other benefits.

- Vedic chanting links body, voice, mind and emotions in a profound way.
- Vedic chanting produces certain vibrations that can enhance physical and mental health.
- The close attention needed to listen and reproduce accurately what the teacher is doing means Vedic chanting is very useful in improving concentration and memory.
- The vast range of Vedic chants allows us to use them in many different contexts and different ways and therefore is a particularly helpful and flexible tool in yoga, healing and therapy.
- Vedic chanting can also help to calm the mind, whether by practicing, listening or silent mental repetition. For this reason chanting can be an important form of meditation.
- Vedic chants help in relieving stress and promoting clarity.

PROFESSOR T. KRISHNAMACHARYA

Tirumalai Krishnamacharya was an exceptional person. As well as single-handedly reviving yoga at a time when it was declining in India he was also a recognised expert in all Indian schools of thought. Born in 1888 in a remote Indian village, he was one of the greatest yogi-s of the modern era who lived to be over a hundred years old.

It was T Krishnamacharya who gave access to Vedic chanting for everyone irrespective of their race, gender and background. He was keen to preserve this ancient wisdom for future generations. He taught his students including his son, **TKV Desikachar**. His son in turn, when he established the Krishnamacharya Yoga Mandiram to promote his father's work, established a department specialising in Vedic chant and eventually founded separate establishment, known as Vedavani, for that purpose.

The Society of Yoga Practitioners (TSYP)

The Society of Yoga Practitioners (TSYP) was established in 2013 in the UK to promote the teachings of Sri T. Krishnamacharya and TKV Desikachar. TSYP offers a range of Yoga training and education as well as Vedic chant workshops and training. TSYP maintains active links with the Krishnamacharya Yoga Mandiram and senior students of Desikachar such as Radha Sundararajan and Mr S. Sridharan who are Honorary Members.

COURSE OUTLINE

Course Aims-

1. To explain the origin and evolution of the Veda-s and introduce their content and range.
2. To develop students own practice of Vedic chanting according to the rules and pedagogy of chanting.
3. To introduce ways of using Vedic chanting as an important tool in meditation.
4. To provide an understanding of the application of Vedic chanting for health and healing.
5. To develop students ability to teach others in the use of sound and chanting at an appropriate level

Faculty-

We are privileged to have **Radha Sundararajan** to lead this Course.

Radha was a student of TKV Desikachar for many years and was appointed by him to lead Vedic Chanting at the KYM and Vedavani. She is arguably the foremost proponent of this Vedic chanting in the world today.

Radha will lead the three residential blocks at Lendrick Lodge, Scotland, and also offer some one-to-one sessions.

Other members of the Faculty will be **Gill Lloyd**, who was also a student of TKV Desikachar, as well as **Karen Adamson** and **Helen Macpherson**. All three have been long term chanting students of Radha's and were selected by her to teach on this Course. They will lead the weekends in Looseyoga Studios, Crawley as well as providing further one-to-one sessions.

Dates and Venues-

The Course will be run over a two year period -2017– 2019.

There will be 3 residential modules at the beautiful **Lendrick Lodge, Scotland**.

The dates of these will be **November 2nd-8th 2017, October 5th-14th 2018 and October 4th-13th 2019**.

Lendrick Lodge is a fabulous Retreat Venue in the Trossachs in Scotland. A range of comfortable rooms are available, single or shared with or without en suite. All food is freshly prepared and vegetarian. Transport will be arranged from Edinburgh Airport for those that require it. For more details on this venue look at their website www.lendricklodge.com

There will also be 7 weekend courses based in **Looseyoga Studio, Crawley**.

At present confirmed dates are-

September 16th-17th 2017

October 7th-8th 2017

March 17th-18th 2018

Further dates are planned for July 2018, November 2018, March 2019 and July 2019.

These weekends will not be residential, however a wide range of accommodation is available nearby and the venue is close to Gatwick Airport. For more information on this venue see www.looseyoga.co.uk

CURRICULUM

The Course will include -

- Origin and history of the Veda-s
- Purposes and benefits of chanting
- Introduction to Sanskrit script
- Rules of Vedic chanting
- Practice of chants- (including non-Vedic chants, simple chants and mantras, healing chants, prakṛti vikṛti chants, suktam-s, Upaniṣads etc)
- Meanings of chants
- Application of sound and chanting for different practices and/or for healing

Attendance requirements-

Students will be required to have a minimum overall attendance of 80% in order to qualify for certification. Should a student miss any of the session they will be required to make up what they have missed following the recommendations of the trainer.

It is also expected that students will arrive on time for each class.

All students are expected to conduct themselves with respect for the tutors and their fellow students throughout the Course.

Audio/video recording of sessions is not permitted.

Fees-

Total tuition fees will be **£2400**. This will be payable through a non-returnable deposit of **£480** then 24 monthly payments of **£80**. Other expenses will include accommodation at Lendrick Lodge which will depend on the room chosen. (Weekends in Crawley are not residential but a wide range of accommodation is available in the area.)

Assessment-

Student progress will be assessed in an ongoing way throughout the the course. The basis of such assessments will be-

- Is the student able to chant with attention to detail and from memory?
- Does the student participate with effort and commitment in the classroom sessions?
- Does the student have a positive attitude and maintain good communication and relationships?

In addition there will be some written and/or oral examinations during the course of the training and at the end of the program.

Certification-

Certification will be issued by TSYF upon satisfactory completion of the program and review of the student's attendance and progress. On completion of the course, a report on each student will be provided by the faculty, before the certification is issued to the graduates.

APPLICATION PROCEDURE

Applicants need to complete the enclosed application form, and send it to Helen Macpherson, 12 Swallows Lane, Dial Post West Sussex RH13 8NL, UK. Prospective applicants will be screened for selection and notified on selection.

Upon selection, participants will be required to pay a non-refundable deposit of **£480** to confirm their place.

If you have any queries about any of the above details please contact Helen Macpherson-hmacpherson1@gmail.com

APPLICATION FORM

TSYP VEDIC CHANT TEACHER TRAINING : 2017-2019

First Name(s).....

Surname..... D.O.B.....

Gender..... Nationality.....

Address.....

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Email.....

Telephone.....

1. Are you currently learning Vedic chanting? If so, who is your teacher and how many years have you been practicing chanting?
2. What is your understanding of Vedic chanting?
3. Why have you chosen to apply for the Vedic Chant Teacher Training Program?
4. What are your expectations from this course? In what way will completing this course contribute to your life personally and professionally?
5. Do you have an interest in or an aptitude for any system of music? If so, please explain.
6. Do you have any medical or other conditions of which we should be aware?

